



## Kristepher M. Elien

### Junior Clinics

Starting Week of November 9<sup>th</sup> through December 20<sup>th</sup>

5 weeks

<u>Programs/Level</u>	<u>Ages</u>	<u>Day/Time</u>	<u>Cost</u>
-Orange ball level 1	7-10	Tue 3:30-4:30	\$125**
-Green ball level 1	11-13	Tue 4:30-6:00	\$160**
-High School Prep Level 1 & 2	14-17	Wed 3:00-4:30	\$160**
-High School Prep Level 2	14-17	Thur 4:30-6:00	\$160**

**Start date to be determined for the following:**

-Green ball level 2/

Yellow ball level 1	9-11	TBD	Wed 4:00-5:30
-Yellow ball level 2	11-13	TBD	Mon 3:00-4:30
-High School Prep Level 1	14-18	TBD duration 90 mins	
-Performance Group lvls 3&4	14-18	TBD duration 90 mins	

-30-min Private Lessons	Appointment only	\$48**
-1-hr Private Lessons	Appointment only	\$96**
-Semi-Private Lessons	Appointment only	\$101**
-Package of 5 available	Appointment only	\$450**

**-Due to the pandemic, there will only be 4 players in a Clinic for the FIRST SESSION**

**-Maximum clinic numbers for future sessions will be established after an evaluation of the FIRST SESSION and the development of the Pandemic.**

**\*\*Players Ages 17 and under must pay a Junior guest fee at the front desk each visit\*\***

**\*\*Adult guest fee begins at ages 18 and older\*\***

**\*\*Pay as YOU GO clinic rate is \$35\*\***

-All clinics need a minimum of 4 full-time players to get started-

-Times and dates are subject to change due to court availability-

To reserve a spot in a clinic, private lesson or for more information  
please contact Kris Elien,

[kriselientennis@gmail.com](mailto:kriselientennis@gmail.com)

Call or text @ 340-277-8457

Kris Elien - Teaching Certifications & Qualifications

- USPTR Master of Tennis Performance Development (level 5)  
Recognized by USOC, NSSC & ITF
- USPTR Certified Professional Adult, U10 & Junior Development
- USPTA Certified Professional Adult, U10 & Junior Development
- Babolat Professional





## **Class description:**

### **Orange Ball**

This program is for those juniors aged 7 – 10 years old who had some instruction and play. This class involves athletic movements, skill development, hand-eye coordination, more advanced stroke technique, tactics and starting to construct points. Players should be able to control at least a 21" – 23" racket.

### **Green/Yellow Ball Level 1**

Green/Yellow Ball clinics are for players who want to continue to improve, or older players wanting to learn more about the game. This class focus on the contact point, proper technique, and shot consistency. Players should be able to control at least a 25" racket and make clean contact with the ball.

### **M.S/H.S. Prep 1**

Is designed for those students who are wanting to play on their middle school or high school teams. Students will focus on consistency, basics of serving, groundstrokes, volleys & point play. Players should be able to move to and return a yellow (real) ball and use basic groundstroke technique.

### **H.S. Prep 2**

Is designed for those students who are already playing on their High School teams who are wanting to improve their games for the next season. It focuses on proper consistency during point play, singles & doubles tactics and serving. Players should be able to serve with consistency, rally with a yellow (real) ball, keep score and are comfortable competing.

### **Performance class**

For players actively playing competitive tennis who wish to take their games to the next level through hard work, high-intensity drills, and tournament play. It focuses on using proper technique to create heavy groundstrokes, proper footwork for different situations, the development of all-court skills (slice, volleys, overhead), commanding different spins on the serve, and singles & doubles point play. Also determining a specific style of play for each player and the development of multiple "weapons."

Kris Elien - Teaching Certifications & Qualifications

- USPTR Master of Tennis Performance Development (level 5)  
Recognized by USOC, NSSC & ITF
- USPTR Certified Professional Adult, U10 & Junior Development
- USPTA Certified Professional Adult, U10 & Junior Development
- Babolat Professional

